

## PFK participants to clinical trial in Copenhagen, Denmark.

Copenhagen Neuromuscular Center (CNMC) in Denmark is now recruiting participants with Tarui disease/phosphofructokinase deficiency/Glycogen storage disease VII to the clinical trial *"The effect of Triheptanoin oil on exercise tolerance in adults and adolescents with glycogenoses"*.

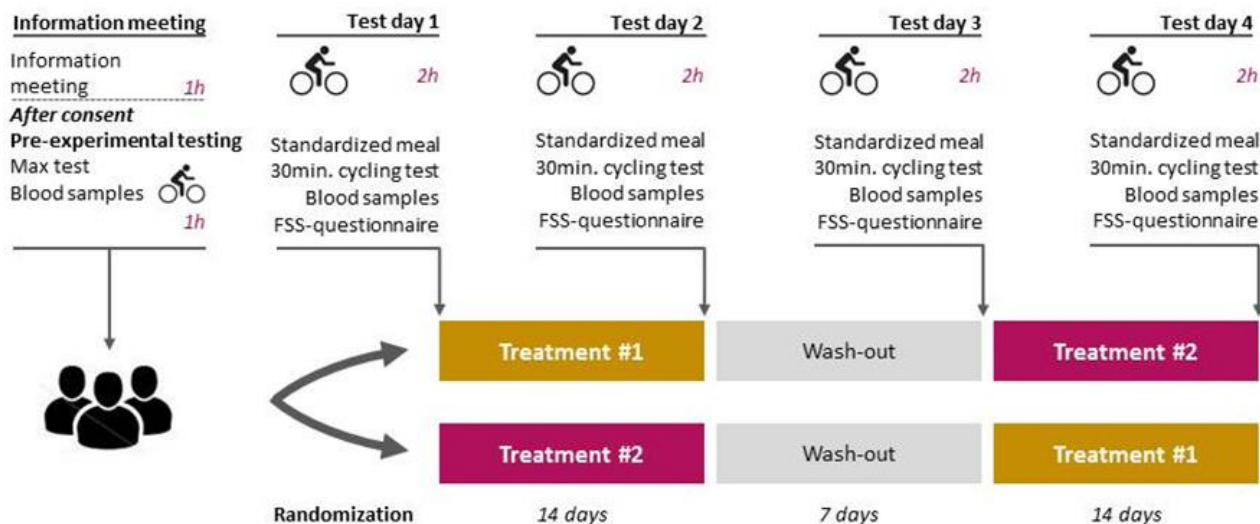
### AIM FOR THE STUDY:

The aim of this study is to investigate the effect of 14 days of treatment with the dietary oil Triheptanoin on fat metabolism and exercise tolerance in patients with PFK deficiency. We wish to investigate if a Triheptanoin diet can improve exercise capacity and tolerance by measuring:

- 1) Exercise performance and maximal exercise capacity on a stationary bike.
- 2) Fat and glucose metabolism
- 3) Your own perception of fatigue and symptoms by questionnaire.

### STUDY PLAN:

The study period is 5 weeks: 14 days treatment period, 7 days wash-out period and another 14 days treatment period (see figure 1 below). The study is a randomized, double-blinded, placebo-controlled cross-over study.



### PARTICIPATION

- 4-5 visits to Copenhagen 1-2 nights.
- Follow a diet at home low on sugar and fat and take the Triheptanoin oil as a supplement to your diet. Participant transportation and accommodation related to the study will be covered by CNMC.

### FOR FURTHER INFORMATION

If you are interested in learning more about the clinical trial, please contact:

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